

Health and Social Care with Foundation Year

at Ashton Sixth Form College

Awarded by Staffordshire University

Guidance and Information





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When can I apply?

You can apply now for September 2019.

Application deadlines and interviews will take place as follows:

Round One	Round Two	Round Three
7th June 2019 Interviews held from June to July.	6th July 2019 Interviews held from July to September.	29th August 2019 Interviews held in September.

What is a Foundation Year?

Foundation Year courses provide a route of entry into undergraduate study for those who do not have the relevant qualifications or experience to enter into undergraduate study directly.

This Foundation Year in Health and Social Care is delivered at Ashton Sixth Form College. It offers you the opportunity to develop core transferable skills and knowledge relevant to health care, social care and public health. Successful completion of the Foundation year enables progression to the three-year BSc course delivered at Staffordshire University.

Who is the course for?

This course is aimed at students with an interest in careers in health and/or social care and related disciplines, as well as: those who lack level 3 qualifications to access health degree routes; those who wish to update or develop their skills; and those who wish to develop confidence at higher level study. This can be year one of a four year BSc Degree programme in health or a route for specific health or social care professions.



What will the course cover?

This course introduces the main themes of Health Studies, developing ability to work at the academic standard required to achieve knowledge and understanding of the broad issues of health and health policy.

This course is made up of the following six modules:

Skills for Higher Education

This module acts as an introduction to studying at a higher level, building students' study skills to maximise learning opportunities. Students will learn to become critical thinkers and will build on literacy skills, academic writing and referencing, as well as the effective use of research tools.

Introduction to Health and Social Care Policy

In this module, students will look into institutions, such as the Department of Health, Strategic Health Authorities and Primary and Acute care trusts involved in the health care policy. Students will address health care decision making related to the Government and the Central Government's relationship with Local Government and the NHS. This module will also cover: the role of healthcare professionals in service delivery; the problems of policy implementation; the contemporary health policy agenda; and cases of change in health policy issues, such as the role of patient choice and the move to a primary care led service.

Measuring Health and Wellness

This module develops understanding of how health and wellness is measured and how this information gives insight into individual health status. Students will explore health assessment strategies and tools and will participate in health measurement. Students will address the benefits of physical activity on health including holistic benefits physical, social and mental.

Communication Skills for Personal and Professional Development

This module prepares you with personal and communication skills required to succeed at degree level and beyond. Students explore the importance of self-knowledge, improvement and learning and developing effective communication skills. This module explores the differing values within a diverse cultural society and identifies various methods of appropriate and inappropriate communication.

Introduction to Health and Social Science

This module aims to develop your understanding of the individual from a biological, psychological and sociological perspective. The normal biological, psychological and sociological development across the lifespan will be explored, including the anatomy and physiology of the bodily systems, their organisation and the achievement of homeostasis.

Health, Choice and the Lifespan

This module will cover the definitions of health, including the World Health Organisation (WHO), public and individual. It also addresses the aspects of human health and development and how this changes over the lifespan, and the definition of values and how they help us to understand human services. Students will look at people in society, social roles, social influences, and explore the social process of devaluation as a health determinant.



What are the entry requirements?

- Be able to demonstrate your ability and capacity to write at an appropriate level for your programme (identified additional learning needs that may impact on written English skills will be taken into account).
- Be able to demonstrate your capacity to study at an appropriate level for your programme (assessed by application, interview and performance in previous study).
- Applications are welcome from people with a variety of qualifications, skills and experience and are individually assessed.
- It is recommended (although not essential) that you have a GCSE grade C or above in Maths, English and Science.
- Applicants for whom English is a second language will require a current IELTS 6.0 score, with no single score lower than 5.5

Work Experience - You will undertake 50 hours of work experience in the module 'Communication Skills for Personal and Professional Skills Development' where you will keep a workbook log of your learning and will identify methods of communication and how problems are solved within the health and social care environment. You will then reflect on the skills you have developed.

How is the course assessed?

This course is assessed through a variety of methods. A portion will be assessed through portfolio, including individual, group, practical and written work. Most modules adopt formative and summative assessment. Assessment methods also include presentations, essays and a multiple choice exam.

How long does the course take?

This is a full time course that will take one year of study to complete, with college attendance equivalent to two full days per week.

How much does the course cost?

The fees for this course is £5,950.

Students accepted onto this programme are generally entitled to a tuition fee loan from Student Finance England and may also be entitled to a maintenance loan and/or grant. Further information on student finance can be found in the accompanying Student Finance Information booklet or at: www.gov.uk/studentfinance. Please note that it is your responsibility to apply for the loan.



Where can I progress to?

On successful completion of this course, students will automatically continue to the BSc (Hons) Health and Social Care at Staffordshire University. However, providing relevant entry criteria are met and following a successful interview, students may also progress to other undergraduate or professional awards at Staffordshire University, such as Social Work, Nursing, Midwifery, Paramedic Science and Operating Department Practice.

Students may also take their Foundation Year and apply for other Health and Social Care related degree programmes at other institutions, if the entry requirements are met.

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